

## VISION QUEST PHOTO WORKSHOPS

### IMAGES OF GRATITUDE

#### ITINERARY 2015

#### WEDNESDAY February 4

AM and PM: PU Arrivals at Hilo Airport

6:00 PM: Welcome dinner at Akiko's, Akiko's Info

9:00 PM: Introductions

#### THURSDAY February 5

8:00 Breakfast with Akiko

9:00 Opening meditation/Hawaiian chant with Akiko

10:00 Workshop info with Doug

12:00 Lunch at Farmer's Market in Hilo

1:00 Explore and photograph Farmer's Market and Hilo-town

3:00 Richardson Beach- local style

6:00 Dinner in Hilo at Café Pesto (optional)

8:00 Review Images brought from home

#### FRIDAY February 6

7:00 Sunrise walk to Kolekole Falls and rocky ocean beach, 1 mile (optional)

8:00 Breakfast with Akiko

9:00 Liliokalani Park (Japanese Gardens along ocean), Hilo

10:30 Learn '*Hawaiian Body Prayer*' with Rev. Ron Kent

11:00 Photo Assignment: Symbols and Metaphor

12:00 Lunch at *What's Shakin'*, Get a fresh fruit smoothie!

1:30 Scenic Drive to Hilo along Hamakua Coast, go down to ocean

2:30 Richardson Beach, 'local' style, swim with gentle giant sea turtles!

5:00 Dinner in Hilo

7:00 Doug's photography presentation to Hilo Photo group (optional)

#### SATURDAY February 7

7:00 Sunrise walk to Kolekole Falls (optional)

8:00 Breakfast with Akiko

9:00 Doug's Rules of Photography

12:00 Lunch in Honumu

1:00 Short hike (1 mile) at Akaka Falls, Honumu



## VISION QUEST PHOTO WORKSHOPS

- 2:00 Scenic Drive North, Old Japanese Cemetery
- 6:00 Dinner at 50's Diner, Music (optional)
- Eve. Review Images made in HI

### SUNDAY February 8

- 7:00 Sunrise walk to Kolekole Falls (optional)
- 8:00 Breakfast with Akiko
- 8:30 Hawaiian chant with Akiko
- 9:30 Doug's '*Tech Rules*' in Kolekole Park
- 12:30 Casual lunch at Farmers Market in Hilo
- 1:30 Photograph around Farmers Market in Hilo
- 2:30 Visit Clayton Amemiya's home and pottery studio above Hilo
- 6:00 Dinner in Hilo (optional)
- PM Local Hawaiian music at pub in Hilo (optional)

### MONDAY February 9

- 7:00 Sunrise walk to Kolekole Falls (optional)
- 8:00 Breakfast with Akiko
- 9:00 PU picnic lunch to go in Hilo
- 10:30 Visit studio of wood sculptor Randy Takaki in artist's village of Volcano
- 12:30 Picnic lunch in field near Volcano
- 2:30 Volcano National Park, visit rim of caldera
- 4:30 Drive Volcano Rd, Lava Tube
- 6:00 Dinner in town of Volcano

### TUESDAY February 10

- 7:00 Sunrise walk to Kolekole Falls (optional)
- 8:00 Breakfast with Akiko
- 9:30 Hakalau oceanside, drive up to eucalyptus forest above Hakalau
- 12:00 Lunch in Honomu or 'What's Shakin'
- 2:00 Open
- 6:00 Japanese Dinner at Miyo's in Hilo
- PM Local Hawaiian music in Hilo (optional)

### WEDNESDAY February 11

- 7:00 Sunrise walk to Kolekole Falls (optional)
- 8:00 Breakfast with Akiko
- 8:30 Trip to Pahoia
- 12:30 Lunch at Mexican Restaurant in Pahoia
- 1:30 Drive along Ocean on Red Road



## VISION QUEST PHOTO WORKSHOPS

- 2:00 Hang out on black sand beach
- 4:30 Visit lava flow at Kalapana
- 6:00 Dinner in Kalapana
- Eve. Moon viewing over lava flow/volcano (if conditions are favorable)  
(bring sturdy shoes, warm clothes, flashlight, water)

### THURSDAY February 11

- 7:00 Sunrise walk to Kolekole Falls (optional)
- 8:00 Breakfast with Akiko
- 9:00 Meditation in Zendo (optional)
- 10:30 Scenic drive to dramatic ocean and rocks at Lapahoiohi, Tsunami memorial
- 12:30 Lunch in town of Hawi
- 1:30 Drive into spectacular Waipio Valley, dramatic overlook
- 6:30 Dinner at 50's Restaurant in Lapahoehoe, Hawaiian music
- Eve. Free!

### FRIDAY February 12

- 7:00 Sunrise walk to Kolekole Falls (optional)
- 8:00 Breakfast with Akiko
- 8:30 Scenic Drive, Honoli'i (surfer) beach or Botanical Gardens (optional)
- 1:30 Scenic drive behind Hakalau, views of Mauna Kea and Mauna Loa (hopefully)
- 6:00 Farewell dinner
- Eve. Final Image Review/ Workshop wrap party

### FRIDAY February 13

- 7:00 Last walk to Kolekole Falls! (optional)
- 8:00 Breakfast with Akiko
- AM Airport departures in Hilo
- 11:00 Last visit to Farmer's Market, shopping in Hilo
- 12:30 Lunch in Hilo (optional)
- PM Airport departures in Hilo

